

# CHS CHECKUP



A publication by and for employees of the Kentucky Cabinet for Health Services

Aug. 21, 2000

## NEWS BRIEFS

### WELLNESS FAIR SEPT. 6

A Health and Wellness Fair is set for Sept. 6 from 9 a.m. to 3 p.m. in the CHR Lobby. Various agencies will be participating and CHS employees are encouraged to participate.



TIP OF  
THE  
WEEK

This summer you will share the great outdoors with a variety of insects such as bees, wasps, spiders, scorpions, and mosquitoes. Their bites and stings can cause a considerable amount of pain and discomfort. Most bites and stings usually cause only localized symptoms. When an insect bite or sting occurs, rub a fingernail or something with a smooth edge (credit card) across the stinger to knock it out. Wash the site with soap and water and apply antiperspirant directly to the site. Antiperspirant counteracts the venom. Any type of antiperspirant will do, such as spray, roll-on or cream). Next, apply cool compresses to the site to help relieve some pain and swelling. It is not unusual for the swelling to be worse the second day if the sting is in an area that is kept in a downward position. Elevation of the area may help decrease swelling. Aspirin, Tylenol or ibuprofen may help relieve the pain.



### Huge Crowds Visit CHS Booth At Fair

The CHS State Fair booth drew large crowds during the first four days. Thousands of visitors received information about good health and CHS programs. At right, Public Health's Doug Jackson hands out material to a young visitor. The fair ends Aug. 27.



### Straus Awards Recognize Contributions

Residents of Christian, Ohio, Greenup and Fayette counties were recognized for their contributions toward preventing and treating substance abuse in Kentucky.

The Straus Awards were presented during the recent Kentucky School of Alcohol and Other Drugs Studies sponsored by the Department of Mental Health and Mental Retardation Services, Division of Substance Abuse in conjunction with the Prevention Research Institute, Inc.

The recognition is named after Dr. Robert Straus, a retired University of Kentucky professor and internationally known authority on alcohol and drug abuse.

The Division of Substance Abuse also presented a lifetime achievement award to Terry O'Bryan Daugherty for her career commitment to both the alcohol and drug abuse prevention and treatment field.

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### Electronic Phone List Is Available

Telephone numbers for all CHS Frankfort staff members, including employees of the Commission of Children with Special Health Care Needs, are accessible at the following web-site: <http://phone.state.ky.us>

Each department has a contact that has been given edit access and can add, delete or change our Cabinet's listings.

On the page, you'll see a blue banner on the left. You can move around and explore the site or search it from there. To search, click on 'Employee Search' button bar. This opens a dialogue box where you can type a name and/or scroll through the departments listing.

If you type in last name only, (i.e. 'Jones') you will get all the Jones in first name alphabetical order. Click on the departmental arrow, select your department, type in

Jones again, click search button and you get all the Joneses in your department. You may leave the name blank and search on a department by clicking on the drop down arrow and highlighting the department.

Joe Thompson, CHS Chief Information Officer, expressed thanks to the staff who helped with this project.

Employees should find their name and check its accuracy. If you have recently transferred be sure your name is not in the list more than once. If you are new to the Cabinet, make sure your information is available. If an entry needs editing please call your departmental phone contact.

If you need any assistance or don't know your department's phone contact, e-mail [Don.Thurber@mail.state.ky.us](mailto:Don.Thurber@mail.state.ky.us) Don is the CHS coordinator for the directory.

### Straus Awards

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**Dr. Arthur Burrows** was recognized for his work in substance abuse treatment in western Kentucky. Dr. Burrows gives much of his free time in service to inmates at the Christian County Jail's 12-Step program and provides clinical support services to Cumberland Hall, the VOLTA program at Western State Hospital and the Phoenix Recovery Center.

**Veronica "Ronne" Nunley**, director of ALERT Regional Prevention Center in Ashland, supervisor of two Kentucky Incentive Projects and manager of one of four Prevention Enhancement Sites in the commonwealth, was honored for her prevention work.

**Joe Van Roberts**, supervisor of the Community Programming/School Volunteer Programming/Title IV and Family Resource Youth Service Centers, was recognized for his advocacy and volunteer work in Ohio County.

**Terry O'Bryan Daugherty**, of Fayette County, co-founder of the Prevention Research Institute, a program whose mission is to reduce alcohol and drug problems in society.

### The Checkup Wants Your News

If you want to see your name in print, the CHSCheckup has a deal for you.

The Checkup wants to publicize the accomplishments of CHS employees and programs. If you or a colleague are recognized for a professional accomplishment, drop us a line.

The best way is to send an e-mail with all the details to:

[gil.lawson@mail.state.ky.us](mailto:gil.lawson@mail.state.ky.us)

If the program you work in has a special event that merits attention, let us know in advance.

We'd also like to make sure employees who work outside of Frankfort get the attention they deserve. This newsletter is for all CHS employees statewide. Please send us your news so we can share it with all CHS employees.



### KECC Did You Know?

If you contribute just \$6 per paycheck to the Kentucky Employees Charitable Campaign, it will provide:

- A week's campership for three children with special needs.
- Seven days of residential support for a mentally disabled person.

Consider payroll deduction for KECC this year.